

# Foundation Training Job Description



Grade	F1
Placement	Mental Health Services for Older People (MHSOP), Malton
Department	<p><b>Ryedale community mental health team</b> - for older people services into Ryedale Locality, over 65 population is 9000. The community team provides Monday – Friday 9am - 5pm assessment and treatment services in the community which includes the provision of memory services, support into care homes and Malton General Hospital. It also provides assessment and treatment of affective and psychotic disorders.</p> <p><b>Springwood</b> is a newly built 14 bedded complex care unit for older people with organic mental health problems who require further extended periods of treatment, which cannot be met in their local community. It is based at Malton Hospital in the Ryedale area and is commissioned to provide complex care for the North Yorkshire population. The Foundation year 1 doctor will work under the supervision of the Consultant and alongside a GP registrar.</p>

<p>The type of work to expect and learning opportunities</p>	<p><b>Educational Opportunities:</b></p> <ol style="list-style-type: none"> <li>1. Experience in the assessment, diagnosis and treatment of functional and organic disorders. This will include new assessments including urgent assessments. The postholder will attend outpatient clinics with the Consultant.</li> <li>2. Experience in the assessment and management of Behavioural and Psychological symptoms of Dementia.</li> <li>3. Experience and understanding of Mental Health Act, Mental Capacity Act. He/ she will have the opportunity to observe first tier tribunal/managers hearings.</li> <li>4. To understand the working of the multidisciplinary team in the community and inpatient setting.</li> <li>5. The FY will become familiar with lean methodology and new ways of working.</li> <li>6. Regional weekly meeting and monthly academic programme.</li> <li>7. Regular meetings with educational supervisor</li> <li>8. Thursday lunchtime F1 weekly teaching programme.</li> </ol> <p><b>Supporting professional activities</b></p> <ul style="list-style-type: none"> <li>• Participate in and contribute towards the training programme of colleagues. Specific to this post the teaching of the multidisciplinary professionals in the community/ inpatients. He/ she will have the opportunity to present at the monthly academic programme.</li> <li>• Work within the clinical governance framework as agreed within the Trust.</li> <li>• It is expected that the postholder will become involved in quality improvement projects. The post holder will be supported to become involved in an audit project.</li> <li>• Attendance at departmental teaching and FY specific programmes as per below.</li> </ul>
<p>Where the placement is based</p>	<p>Malton Princess Road Clinic &amp; Springwood at Malton Hospital</p>
<p>Educational and Clinical Supervisor(s) for the placement</p>	<p>TBC</p>

<p>Main duties of the placement</p>	<p><b>Main duties of the post holder – professional, clinical, administrative</b></p> <ul style="list-style-type: none"> <li>• Supervision will take place weekly for one hour with a Consultant. Allocated time will be given for workplace based assessments.</li> <li>• Clinical supervision will be available from the Consultant throughout the week.</li> </ul> <p><b>Clinical:</b></p> <ol style="list-style-type: none"> <li>1. To gain experience in the assessment, diagnosis and management of functional and organic disorders.</li> <li>2. Assessments of new patients including the completion of full psychiatric histories, review of previous notes, mental state examinations, cognitive assessments, risk assessment and physical examinations where appropriate.</li> <li>3. Assist with the assessment, review and management of inpatients in Springwood Complex Care Unit. This will include psychological formulations, falls formulations.</li> <li>4. Undertake new assessments referred to the community mental health team under supervision including appropriate follow up. All visits in the community will be with a member of the community mental health team.</li> <li>5. The use of the Mental Health Act and Mental Capacity Act including DOLs.</li> <li>6. Learning how to use other tests of cognitive functioning such as the ACE-III.</li> </ol> <p><b>Administration:</b></p> <ol style="list-style-type: none"> <li>7. To maintain accurate and clear records using the PARIS System.</li> <li>8. To communicate with staff, patients and their cares in a timely and effective manner.</li> <li>9. To liaise with other professional staff and agencies including the completion of discharge summaries.</li> </ol> <p><b>Professional:</b></p> <ol style="list-style-type: none"> <li>10. To maintain confidentiality of information at all times.</li> <li>11. To be conversant and comply with Trust Health and Safety Policy.</li> <li>12. To act at all times in the best interest of patients/clients.</li> <li>13. To be aware of and adhere to all Trust Policies and Procedures.</li> <li>14. Attend all relevant mandatory and statutory training as required.</li> </ol> <p><b>Out of hours commitments and responsibilities:</b> None in this post</p>
<p>Typical working pattern in this placement</p>	<p>See above.</p>
<p>Employer</p>	<p>York Teaching Hospitals NHS Foundation Trust</p>

It is important to note that this description is a typical example of your placement and may be subject to change.