

Foundation Training Job Description

Grade	F1
Placement	Endocrinology and Diabetes Mellitus
Department	<p>The Academic Directorate of Diabetes & Endocrinology provides specialist and community and tertiary services to the people of Sheffield and South Yorkshire. We have 10 NHS consultants and 6 Academic professors/senior lecturers with an active research programme that has an international reputation particularly in structured education and self-management of diabetes (DAFNE Type 1 / DESMOND Type 2), hypoglycaemia and sudden death, painful neuropathy, and delivery systems for cortisol replacement.</p> <p>We have 2 dedicated diabetes and endocrine wards and D&E centres in each base hospital, for the delivery of outpatient services. We have a strong multidisciplinary team of specialist nurses, dietitians and podiatrists and work closely with the Heart failure team to provide in-patient care to people with congestive heart failure.</p> <p>The duties include assisting in the day to day management of inpatients; attendance at Consultant ward rounds (2-3 per week); prompt completion of e-discharge summaries; teaching medical students as directed; attendance at weekly educational sessions, audit and governance meetings; attendance at outpatient clinics in Diabetes & Endocrinology. Experience in managing the acutely ill will be gained when attending the daily consultant post-take ward rounds on the admission wards.</p> <p>There will be clinical meetings in Diabetes and Endocrinology and regular Clinical Governance meetings (General Medicine). The F1 will be trained in the management of acute Diabetic and Endocrine emergencies, as well as the management of congestive heart failure, during their ward experience. Foundation doctors are expected to present clinical cases and contribute to the journal club discussion at the weekly departmental meeting. Participation in clinical audit is actively encouraged.</p>

<p>The type of work to expect and learning opportunities</p>	<p>The Department of Health, through its policy of Modernising Medical Careers, has set out the educational content of the two year foundation programme to be pursued by newly qualified doctors in the United Kingdom. A curriculum has been set out describing the key knowledge, skills and attitudes that must be achieved by junior doctors before they progress onto specialist training.</p> <p>The Postgraduate Dean has confirmed that these posts have the required education and staffing approval. All of the rotations will run in association with Deanery staff, who will support a structured appraisal and assessment process that will allow successful applicants to make the most use of available opportunities. Ten mandatory educational days are included in the Foundation Programme.</p> <p>The GMC emphasise that it is a duty of all doctors to be involved in the education and training of doctors at all levels, including undergraduate level.</p> <p>In more recent years emphasis has been placed on the need for doctors to be trained in educational approaches in order to prepare them for their role as an educator in the future.</p> <p>Foundation training is about gaining generic skills which can be applied across all specialties and throughout an entire career.</p>
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<p>Main duties of the placement</p>	<p>Day to day management of patients under consultant care.</p> <p>On call duties as required under the hospital at night system. F1 duties are mainly centered on the wards with occasional attendance in the operating theatres. F1s may be expected to attend out-patients clinics.</p> <p>Attendance at cardiac arrests and ward rounds held by consultant and registrar.</p> <p>Completion of death certification and/or the first part of the cremation certificate, when necessary.</p> <p>F1s are responsible for the clerking of patients on admission and the initial arrangements for the routine management of these patients including:</p> <ul style="list-style-type: none"> • history taking, examination and differential diagnosis. • management of acute and chronically ill patients with appropriate diagnostic testing and reviewing the results • assessment of all patients arriving for elective admission, both in medicine and surgical specialities <p>Communicate effectively with other hospital staff, patients and relatives after training disclosure of bad news.</p> <p>Arrange initial simple investigations and following discussion with senior staff organise more complex investigations.</p> <p>F1s are responsible for the majority of prescribing albeit under supervision.</p> <p>Discharge planning</p> <ul style="list-style-type: none"> • F1s are responsible for ensuring that patients are discharged with the appropriate drugs and seeing that the patients understand the use of these. • F1s are required to complete a brief discharge note for the patients' general practitioner at the time of the patients' discharge from hospital. <p>Attendance at mandatory trust and deanery training sessions (including induction). The number of mandatory training days is 5 days.</p> <p>Maintaining portfolio of evidence of training in line with the foundation training programme.</p> <p>The cover of colleagues on annual leave and short-term sickness.</p> <p>Any other duties commensurate with the grade which may be allocated from time to time.</p> <p>Foundation Doctors should be advised that they will also be required to perform duties in occasional emergencies and unforeseen circumstances at the request of the appropriate consultants in consultation, where practicable, with senior and junior colleagues.</p> <p>Additional commitments arising from such circumstances are exceptional and work of this kind should not be required for prolonged periods or on a</p>
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	regular basis
Typical working pattern in this placement	The rotations are 3 x 4 month rotations between various specialties.
Employer	Sheffield Teaching Hospitals NHS Foundation Trust

It is important to note that this description is a typical example of your placement and may be subject to change.