Job Description

NIHR Academic Clinical Fellowship

Child and Adolescent Psychiatry ST1 entry (1 post)

Hull York Medical School, in partnership with Health Education England Yorkshire and the Tees Esk and Wear Valley Trust, has developed an exciting pathway of academic clinical training opportunities.

Applications are now invited for an Academic Clinical Fellowship in Child and Adolescent Psychiatry at ST1 level. This post been created as part of the Health Education England (HEE)/National Institution for Health Research Trainee Coordinating Centre (NIHRTCC) programme of Integrated Academic Training and offers candidates a comprehensive experience of clinical academic medicine working alongside internationally renowned clinicians and researchers.

We are seeking a highly motivated, enthusiastic individual with the potential to excel in both their clinical and academic training and who have the ambition to be the next generation of academic clinicians.

This Academic Clinical Fellowship (ACF) programme in Child and Adolescent Psychiatry will be run by Hull York Medical School (HYMS) in conjunction with the Yorkshire and Humber Deanery (Yorkshire Psychiatry rotation), Health Education England Yorkshire and Humber.

Academic Clinical Fellowships (ACFs) are 3 year fixed-term national training posts. They attract an NTN(A) and trainees undertake 75% clinical and 25% academic training over the term of the post. They are employed by the NHS Trust and have an honorary contract with the University at whose Medical School their academic research is supported.

ACF trainees also undertake a Research Training Programme provided by the University for which funding is provided by NIHR. They also are eligible for a £1,000 bursary per year to support research training activity (e.g. to attend academic conferences).

ACF trainees would also normally complete and submit an external funding application for a research fellowship to enable them to complete a higher degree (PhD or research MD) following the completion of their ACF fixed-term post, which would be completed as Out-of-Programme-Research (OOPR).

All Academic Clinical Fellowships are run-through posts, regardless of specialty, with the exception of ‘Medical Education’ ACFs. A trainee entering ACF at ST1 or ST2 in a specialty with a Core Training period would therefore be guaranteed continued training to CCT in the eventual specialty, as long as they progress satisfactorily through both their academic and clinical training. Run-through status is withdrawn if ACFs do not complete the academic component.
**POST DETAILS**

**Job Title**
NIHR Academic Clinical Fellow (ACF) – Child and Adolescent Psychiatry

**Duration of the Post**
Up to 3 years (25% academic, 75% clinical).

**Lead NHS Hospital/Trust in which training will take place**
Child Psychiatry ACFs will be based at the Tees Esk and Wear Valley Trust and will rotate through posts on the scheme. The research time is organised as follows:

- Year one: Generic psychiatry training posts (usually in adult and old age mental health).
- Year two (no on call): Prof Simon Gilbody Adult Psychiatry at York Hospital (6 months with 50% research time)
  - Prof Barry Wright Child Psychiatry (6 months full time research)
- Year three: Psychiatry subspecialty posts

The bulk of the 25% research time is therefore loaded into the second year. This is to give meaningful time to research. The first year is therefore used to plan and prepare and the third year is given to writing up the work for publication.

**Research institution in which training will take place**
Child and Adolescent Psychiatry ACFs will be based at the University of York in the Hull and York Medical School based with Professor Barry Wright in either the Child Oriented Mental Health Intervention Centre (COMIC) or with the Mental Health and Addictions Research Group (MHARG). The final agreed location will be decided dependent on the research plans and who the trainee will need to be working with.

**Research Protected Time:**
ACFs have day release training to attend and can also complete either an MSc by research or relevant modules to extend their training (if they already have an MSc), at Hull York Medical School. The protected research period (25% time) is used to obtain specific experience and knowledge in the research area of interest, obtain pilot data, and apply for an external research fellowship.
Academic Clinical Fellowship Training Programme: Research Component

A mutually agreeable timetable for research time will be drawn up by the candidate and the academic/clinical supervisors. An indicative timetable is shown below for year two. The research component of the post can be negotiated: for most projects a dedicated block of research outlined above is appropriate, although with prior negotiation shorter, more frequent periods of research might be more appropriate depending on the research plans.

<table>
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<tr>
<th>Morning</th>
<th>Afternoon</th>
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<tr>
<td>Monday</td>
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<tr>
<td>Research</td>
<td>British Sign Language training</td>
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<tr>
<td>10am Supervision</td>
<td>Research</td>
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<tr>
<td>Tuesday</td>
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<tr>
<td>Teaching 2nd and 4th</td>
<td>Teaching 2nd and 4th</td>
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<tr>
<td>Wednesday</td>
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<tr>
<td>Local postgraduate education programme (Postgraduate Centre - York Hospital)</td>
<td>Research</td>
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<tr>
<td>Thursday</td>
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<tr>
<td>9am-10.30am Research team meeting (COMIC)</td>
<td>Research</td>
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<tr>
<td>Friday</td>
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<tr>
<td>Evidence review</td>
<td>Data analysis and liaison meetings with statistician</td>
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The successful applicant will develop a project under the supervision of Professor Barry Wright depending on the project area. This will involve writing a study protocol and gaining ethics and NHS governance approvals. The applicant will then undertake the project, and complete the project with publication(s) and / or completion of an MSc thesis.

The research project will relate to child and adolescent mental health and will reflect the interests of the successful ACF. Potential projects include 1) systematic review of child mental health assessment, prevention or intervention, 2) a feasibility trial of a child oriented mental health intervention (e.g. social prescribing, animal assisted therapy), 3) research based on data collected in the Born in Bradford prospective cohort of 12000 children (now entering teenage years) 4) qualitative work of patient experience 5) work exploring historical or evolutionary aspects of health care, child care or child mental health care. Areas of expertise in the research team include child oriented therapies, prevention of child mental health problems, neurodevelopmental disorders, the psychology of child physical health, sleep, deaf children with mental health co-morbidities, life-limiting illnesses and learning disabilities The successful candidate would be encouraged to undertake a project within the particular area of child mental health in which they were most interested and, with appropriate guidance, will be expected to develop their research project during the first year of appointment.
The academic department of Child Mental Health is led by Prof Barry Wright and Reader Dr Lina Gega. All of the NHS Consultants actively contribute to the research activity of the department.

Full training in research methods and good clinical practice will be provided. Each ACF will have an academic supervisor. If the ACF also registers for a MSc by research, they will have a Thesis Advisory Panel (TAP), which usually comprises the supervisor and two other members of academic staff, one of whom acts as the Chair and is independent from the supervisor. The TAP provides academic support and external review of progress for the student. On appointment, in conjunction with their supervisor, the ACF will complete a Training Needs Analysis (TNA) and be able to access modules from the HYMS Post Graduate Training Selection list both to help with their research project and with their professional development as a researcher.

We anticipate the successful exit point for ACF trainees will be the award of an externally funded clinical research training fellowship to pursue a PhD or MD; prior to re-joining the academic career path as a Clinical Lecturer.

**Academic Clinical Fellowship Training Programme: Clinical Component**

Other than adult psychiatry, old age psychiatry and child and adolescent psychiatry, the choice of sub-speciality training will depend upon the interests as well as the aptitude of the trainee. Experience including sub-speciality advanced training is currently offered in the following posts:

**Core Trainee Rotation – August 2019**

**York**

<table>
<thead>
<tr>
<th>Consultant</th>
<th>Specialty</th>
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<tbody>
<tr>
<td>Dr Holland – CMHT</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Andrew Elmslie/ Dr Steve Wright – Assertive Outreach Team/Early Intervention Psychosis Team</td>
<td>General Adult Psychiatry</td>
</tr>
<tr>
<td>Dr. Adewusi - Male Forensic #1</td>
<td>Forensic Psychiatry</td>
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<tr>
<td>Dr Thevarajan – CAMHS/Mill Lodge</td>
<td>Child and Adolescent Psychiatry</td>
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<td>Dr Prosser – CAMHS/Lime Trees</td>
<td>Child and Adolescent Psychiatry</td>
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<tr>
<td>Dr Michelle Beaumont</td>
<td>Intellectual Disability Psychiatry</td>
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<td>Harrogate</td>
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<tr>
<td>Dr El-Sayeh – Inpatient/CMHT</td>
<td>General Adult Psychiatry</td>
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<td>Dr Burrows – CMHT/Rehab</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Anakwe – IHTT/Inpatient</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Olusoga/Hearnshaw – MHSOP (Memory Service)</td>
<td>Old Age Psychiatry</td>
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<td>Dr Ahmed – MHSOP (CMHT)</td>
<td>Old Age Psychiatry</td>
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<th>Northallerton</th>
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<tr>
<td>Dr Perez – East WAA/CMHT</td>
<td>General Adult Psychiatry</td>
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<td>Dr Horn – CRHT/Liaison</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Muthukrishnan - MHSOP</td>
<td>Old Age Psychiatry</td>
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<tr>
<td>Dr Boyce – CAMHS</td>
<td>Child and Adolescent Psychiatry</td>
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<th>Scarborough</th>
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<tr>
<td>Dr Onyekwe (Esk)</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Atkinson (Danby)</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Taylor</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Rodriguez - IHTT</td>
<td>General Adult Psychiatry</td>
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<tr>
<td>Dr Inasu - MHSOP</td>
<td>Old Age Psychiatry</td>
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<tr>
<td>Dr Whaley – LD</td>
<td>Intellectual Disability Psychiatry</td>
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On-call commitments will vary depending upon the shift systems and training/service requirements and will be a requirement in years one and three of training. Year two will have no on call commitment to enable the trainee to fully conduct and participate in research.
CONTACTS

Academic Leads and Supervisors:
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Further Information
Because of the nature of the work for which you are applying, This post is exempted from the provisions of Section 4 (2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975.
Applicants are therefore, not entitled to withhold information about convictions, which for other purposes are “spent” under the provisions of the Act, and in the event of employment any failure to disclose such convictions could result in dismissal or disciplinary action by the University. Any information given will be strictly confidential and will be considered only in relation to an application for positions to which the Order applies.

For further information about the Academic Clinical Fellowship programme, please refer to the NIHR (National Institute for Health Research) Trainee Coordinating Centre (NIHRTCC) page on NIHR Integrated Academic Training For Doctors and Dentists - Academic Clinical Fellowships

**Person Specifications**

Applicants for this post will be required to meet the relevant Clinical eligibility criteria for the appropriate specialty and level.

Please note, applicants applying for Surgical, Medical or Psychiatry specialties at ST3 or above may be required to consult the relevant Core Training person specification:- See [http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications](http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications)

AND the Academic eligibility criteria listed at:

[http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications](http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications)

**How to Apply**

For more information about applying to ACF vacancies in Health Education England Yorkshire and the Humber please visit:-

[http://www.yorksandhumberdeanery.nhs.uk/recruitment/our_vacancies/academic_recruitment/](http://www.yorksandhumberdeanery.nhs.uk/recruitment/our_vacancies/academic_recruitment/)

Applications will only be accepted through the Oriel online application system:-

[https://www.oriel.nhs.uk](https://www.oriel.nhs.uk)

Applications open: Friday 26 April at 10am

Applications close: Friday 24 May at 4pm

After the application deadline no applications will be accepted. **There will be no exceptions to this deadline.** You are advised to complete and submit your application ahead of the deadline to allow for any unforeseen problems.
Please note: Only the following applicant groups will be considered in this round of Academic recruitment. Applicants that do not meet the criteria of these applicant groups may be removed from the recruitment process during longlisting or at any other stage of the recruitment process:

• Applicants that are scheduled to be clinically benchmarked in the current round

• Applicants who have previously been successfully benchmarked in the current recruitment year

• Applicants who hold an appropriate NTN/DRN.

Interviews will be held at Health House, Willerby in Hull on 26th June 2019.
Appendix 1: Further particulars – Hull York Medical School

The Hull York Medical School (HYMS) is a collaboration between the Universities of Hull and York and the NHS. HYMS operates from both University campuses and within teaching hospitals and medical practices throughout the Yorkshire and Humber region. Having recently celebrated its 10th anniversary, HYMS is a relatively young medical school which is developing a growing reputation for its teaching and research.

HYMS has a strong reputation as an undergraduate medical school. Our innovative curriculum includes an enquiry-based approach to learning, early clinical experience, balanced teaching across all health sectors and a wide range of student selected learning opportunities. Our graduates are recognised as being very capable Foundation Doctors, many of whom have stayed locally to help develop health care services in this area.

The quality and impact on health and patient care of research carried out in the Hull York Medical School (HYMS) was recognised by the University of York’s ranking as 7th in the country for Public Health, Health Services and Primary Care in the national Research Excellence Framework 2014. HYMS researchers were also part of York’s top-10 rated submissions in Biology and Psychology. Across the whole of HYMS, a partnership between the Universities of Hull and York, over 85% of research was assessed as world leading or internationally excellent.

Within the Universities, research development in HYMS has been based on a distributed model, in which academic staff may have a research base in a cognate academic department of the University of Hull and/or York, providing scientific integration, critical mass and technology platforms with which to work. In relation to clinically orientated research there is a Clinical Research Facility (the Daisy Building) in Hull at Castle Hill Hospital and an Experimental Medicine Unit at York Hospital, to facilitate translational research. HYMS also plays a role in establishing and facilitating research networking between NHS partners in the region through topic based regional meetings.

The area covered by the HYMS NHS partnership comprises Hull and the East Riding of Yorkshire, York and North Yorkshire, and Northern Lincolnshire, which together have a population of around 1.8 million. 17 NHS organisations make up the HYMS NHS partnership, within which there are over 600 consultants and 900 general practitioners. Encompassing both rural and urban populations, the region contains a variety of environments in which health services are delivered. There are areas of considerable deprivation, not only in urban centres, but also in patches across the rural hinterlands. Heart disease and lung cancer are severe problems in Hull. Measures of overall health in North Lincolnshire are poorer than the country as a whole. However, in most of the region, rates for infant mortality and most disease-specific death are well below national averages, the prevalence of smoking and drug use are low, and the uptake of screening is high in many areas.

East Yorkshire with its homogenous and stable population of 600,000 is an ideal centre for prospective observational and interventional clinical research: the central urban area of Kingston upon Hull has a population of 350,000. The NHS clinical facilities are well developed and virtually comprehensive across the medical and surgical disciplines; only certain transplantation and cardiac neonatal surgical procedures require distant referral. Hence there exists a wealth of clinical material available for approved educational and research purposes.