LEARNING OBJECTIVES

Demonstrate basic surgical skills (suturing/surgical knots)
Obtain verbal consent for repair
Perform thorough examination of perineum and sphincter
Communicate aftercare

SCENARIO

Repair of Episiotomy/Second Degree Tear

EQUIPMENT LIST

Perineal repair model
Sutures (Vicryl 1-0)
Instruments: tissue forceps, needle holder, scissors, artery forceps, gauze

PERSONNEL

MINIMUM: 1

FACULTY

MINIMUM: 1

TIME REQUIREMENTS

TOTAL 35 minutes

Set up: 5 mins
Pre Brief: 5 mins
Simulation: 20 mins
Debrief: 5 mins
INFORMATION TO CANDIDATE

PATIENT DETAILS

Mrs Heather White required an episiotomy. She had a normal delivery 15mins ago and has not used any analgesia. The midwife is unable to suture and has ask to you repair the episiotomy.

SCENARIO BACKGROUND

Task:

Please briefly explain the procedure to Mrs White and obtain verbal consent.
Please assess the perineum and proceed with repair.
Briefly describe the aftercare required.

RCOG CURRICULUM MAPPING

Module 12 Post Partum Problems
Perineal and vaginal tears
INFORMATION FOR ROLEPLAYERS

BACKGROUND

Nil- model only

RESPONSES TO QUESTIONS
INFORMATION TO FACILITATOR

Introduction
Explanation of procedure
Obtain verbal consent
Thorough examination (PR/PV)
Correct choice of suture material
Organisation of instruments
Instrument/swab count
Aseptic Technique
Adequate analgesia
Adequate position/exposure/lighting
Identifies Apex
Continuous suture to vaginal mucosa
Perineal muscles re-approximated with continuous or interrupted sutures
Closure of perineal skin with subcuticular sutures
Re-examination (PR/PV)
Checks Haemostasis
Confirms instrument/swab count
Offers analgesia
Discusses aftercare

ADDITIONAL RESOURCES

Maternity PEARLS eLearning package
Via stratog.rcog.org.uk
SCENARIO DEBRIEF

TOPICS TO DISCUSS

Choice of suture
Influences on location of repair
Adequate analgesia
Adequate Assessment - importance of PR
Classification of Obstetric Anal Sphincter injury
Potential Complications

Maternity PEARLS OSAT access via StratOG website

REFERENCES

Maternity PEARLS eLearning package