

Psychiatry School Conference 2019

The Making of a Psychiatrist

Friday 15th November 2019

Weetwood Hall Estate, Leeds (Lanswoods Room 1)

Programme

09:00 **Arrival & Registration**

09:15 Dr Darran Bloye: *Welcome & Introduction*

09:30 Dr Subodh Dave : *Attaining Equality in Outcomes for IMGs: A Pipe Dream?*

10:15 Workshop Session One (Lanswoods Room 1, Cookridge Room 1 & 2)

11:00 **Break**

11:15 Workshop Session Two (Lanswoods Room 1, Cookridge Room 1 & 2)

12:00 Dr Adrian James: *Workforce Wellbeing*

12:45 **Lunch / Time to view posters**

13:45 Professor Elspeth Guthrie: *The Value of Research in Psychiatry Training*

14:30 Workshop Session Three (Lanswoods Room 1, Cookridge Room 1 & 2)

15:15 Dr Helen Crimlisk: *Physician Associates in Psychiatry: Part of the Workforce developments for the NHS Long Term Plan"*

16:00 Dr Ryan Dias: *Leadership Fellow, is it worth it?*

16:15 Dr Darran Bloye: *Poster Winner Announcement, Trainee of the Year Winner Announcement & Conference Conclusion*

16:30 **Finish**

Developing people
for health and
healthcare

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Workshop Sessions

Morning Session 10:15—11:00

Lanswoods Room 1: HEE SuppoRTT: May Teng and HEE Coaching: Mahmood Khan

Cookridge Room 1: Reflections for the ePortfolio & beyond: Vikram Luthra, Rebecca Lee, Mo Qadri and Mathew Harrison

Cookridge Room 2: Neuroscience: William Gann and Claire Eccles

Mid-morning Session 11:15 - 12:00

Lanswoods Room 1: HEE SuppoRTT: May Teng and HEE Coaching: Mahmood Khan

Cookridge Room 1: Reflections for the ePortfolio & beyond: Vikram Luthra, Rebecca Lee, Mo Qadri and Mathew Harrison

Cookridge Room 2: Neuroscience: William Gann and Claire Eccles

Afternoon Session 14:30—15:45

Lanswoods Room 1: HEE SuppoRTT: May Teng and HEE Coaching: Mahmood Khan

Cookridge Room 1: Reflections for the ePortfolio & beyond: Vikram Luthra, Rebecca Lee, Mo Qadri and Mathew Harrison

Cookridge Room 2: Neuroscience: William Gann and Claire Eccles

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Our Speakers



Dr Subodh Dave

Subodh is a consultant psychiatrist at Royal Derby Hospital and clinical teaching fellow at Nottingham University who grew up in Mumbai. He is passionate about education and making the most of the skills of international medical graduates. Dr Dave has been involved in medical education in the Trent region at both postgraduate and undergraduate levels for a number of years. He currently has a national role within the College as Associate Dean for trainee support and also leads the University of Nottingham's undergraduate psychiatry teaching programme in Derby. Dr Dave also has experience in the role of Foundation Training Programme Director, where Dr Dave arranged for every foundation trainee to receive basic psychiatry training, regardless of whether they were studying psychiatry or not, so that they have an understanding of mental health conditions. He is also a key member of the Psychiatry Teaching Unit (PTU), which provides training to University of Nottingham medical students.



Dr Adrian James

Adrian has been a Consultant Forensic Psychiatrist at Langdon Hospital, Dawlish Devon since 1994 and is Registrar of the Royal College of Psychiatrists leading on policy, communication and parliamentary public and member relations. He currently leads the Zero Suicide Collaborative in South West England and presented on suicide prevention at the Annual Forum of the Institute for Health Improvement in Florida in December 2014. Dr James is the Former Medical Director of Devon Partnership NHS Trust and Founding Chair of the School of Psychiatry at the Peninsular Deanery (2006-2008). Between 2007 and 2011 he was the elected Chair of the South West Division of the Royal College of Psychiatrists and sat on the Council of the Royal College of Psychiatrists in this capacity. In 2010 he was appointed as the Chair of the Westminster Parliamentary Liaison Committee of the Royal College of Psychiatrists (attending the three main Party Conferences 2011-15 in this capacity). Between 2013- 2015 Dr James was Clinical Director for Mental Health, Dementia and Neurology, working for NHS England (South West). He was the lead author of the textbook Clinical Governance in Mental Health and Learning



Dr Ryan Dias

Ryan is a Child Psychiatry Trainee in South Yorkshire however is currently undertaking a leadership fellowship in Physical and Mental health quality improvement. He is the National Lead on Bitesized Teaching and Yorkshire and Humber Deanery CAMHS trainee speciality Lead for the CRN division 4.

He was previously Core Trainee of the Year and co-founder of StartMedUK, and has been helping young people achieve their ambition of becoming doctors for the last 10 years. Ryan also captains the trainee cricket team in the annual consultant vs trainee cricket match, however he has lost the last four years in a row.

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Dr Helen Crimlisk



Helen is Consultant Psychiatrist and Deputy Medical Director at Sheffield Health and Social Care NHS Foundation Trust (SHSC) and Director of Undergraduate Psychiatry in association with the University of Sheffield. She completed a Masters in Quality Improvement and Leadership sponsored by the Health Foundation and is Associate Registrar for Leadership and Management at the Royal College of Psychiatry.

Helen trained at Guy's Hospital Medical School, undertook psychiatry training at the Maudsley Hospital and completed her training in Sheffield after a career break and work abroad in Germany. As well as workforce, she has interests in medical education, leadership, quality improvement and service user engagement and experience. She is involved in a number of workforce-related projects including Physician Associates (PAs), Peer Workers, Advanced Clinical Practitioners and Non-medical AC/RC professionals. Along with colleagues from the Medical Education Team at Sheffield Health and Social Care NHS Foundation Trust (SHSC), she has developed an educational programme for the 3 week psychiatry placement of Physician Associates from Sheffield Hallam and University of Sheffield students and has recruited 8 PAs to work at SHSC. She has also been part of the working group at the Royal College of Psychiatrists looking at the training needs and employment of PAs in the mental health workforce.

Professor Else Guthrie



Else is Professor of Psychological Medicine and an Honorary Consultant Psychiatrist at Leeds and York Partnership Foundation Trust. She was formerly based in Manchester, holding both academic positions at the University of Manchester and a clinical position in Liaison Psychiatry at Manchester Mental Health and Social Care Partnership. She also ran the liaison psychiatry service at Manchester Royal Infirmary from 1994 to 2017. Else was a Senior Lecturer in Psychiatry at the University of Manchester from 1994-2001 and then Professor in Psychological Medicine from 2001 to 2004. She then became a full-time Consultant Psychiatry with an honorary chair at the University of Manchester from 2004 to 2017. Her main research interests include liaison psychiatry, psychological treatments and medically unexplained symptoms/long term conditions. She has completed several trials of psychological treatment for medically unexplained symptoms, and is particularly interested in researching a form of treatment called psychodynamic-interpersonal therapy or the conversational model of psychotherapy. She also recently completed a programme grant which investigated the role of depression in long term conditions and the link to use of urgent care.