

Revised Educational Requirements for Specialty Trainees in Obstetrics & Gynaecology Yorkshire & Humber 2019-20 (COVID-19)

Year of training	Current Requirements	Unchanged requirements	Revised recommendations if not able to complete	Trainee actions
ST1				
Practical Skills courses	Basic US course		Min 1 session on ultrasound simulator if NOT attended basic USS course	
	Basic Practical Skills*		Book to attend 1 st available course in ST2	Exempt if attended in previous 3 years, upload certificate and ensure included in ES report
	Hysteroscopy Course		Book to attend 1 st available course in ST2 OR at least 1 session on simulator OR mini CEX from live clinic	
Elearning and STRATOG (mandatory)	Fetal Monitoring (eLfh)* Communicating with a) patients b) Colleagues Principles of AN care Early Pregnancy loss (management)	All modules should be completed		
YMTP courses	Care of the Critically Ill Mother (CCIM)		STRATOG case study for CPD (obstetrics) : Early recognition of a deteriorating woman	Upload certificate and reflect on case study
	Basic Obstetric teaching		STRATOG modules: domestic abuse and substance misuse; postpartum sepsis; postpartum thromboembolism	Basic obs & basic gynae courses do not need to be undertaken as ST2
	Basic Gynae teaching		STRATOG modules: Urogynae – assessment of lower urinary tract symptoms; Sexual & reproductive health – fertility control and contraception	Complete 1-2 STRATOG modules for courses missed Upload certificates
Simulation	Prompt (or other obs simulation)*	Expected		
RCOG Requirements	Cervical smear (1 OSAT)	Expected		
Recommended (optional) STRATOG and other courses	Postpartum & Neonatal problems Management of labour & delivery HALO		Attendance at HALO can be used for compensatory evidence	

*Also suggested by RCOG

Year of training	Current Requirements	Unchanged requirements	Revised recommendations if not able to complete	Trainee actions
ST2				
Practical Skills courses	Robust course*	Expected	All trainees should have attended	
	Basic Laparoscopy		Can be undertaken as ST3	
	Perineal Repair*		Can be undertaken as ST3	
	STEP UP*		To be rescheduled as soon as possible (likely Sept); STRATOG modules Step up; Resilience	Upload evidence that had booked course
Elearning and STRATOG (mandatory)	Basic laparoscopic surgery PEARLS (perineal repair) EaSi (instrumental del) Reflective practice Gynae emergencies & Pelvic pain	All modules should be completed		
YMTP courses	Human Factors (A day at work)*		To be rescheduled as soon as possible; likely in September; STRATOG module Human factors	
	Core Obstetric teaching		STRATOG modules: Fetal growth restriction; pre-eclampsia; perinatal mental health; induction of labour	Case study on SGA (STRATOG)
	Core Gynae teaching		STRATOG modules: management or lower urinary tract dysfunction; epidemiology of subfertility; unexplained subfertility	Core obs/core gynae teaching does not need to be completed in ST3
Simulation	Ultrasound simulator (min 5) Laparoscopic simulator (min 5) YMET or PROMPT		Expected to have minimum of 3 of each plus Prompt	
RCOG Requirements	OSATs for Basic CS Assisted vaginal delivery Perineal repair Surgical management misc Endometrial biopsy Insertion of IUS/IUD	Expect all OSATs for CS & perineal repair	Acceptable to have only 2 OSATs for instrumental delivery if signed by Consultant Allow progression if only 2 SMM Require 1 each for endometrial biopsy and insertion of IUS/IUD	
	MRCOG Part 1		Can progress but as outcome 10 if unable to sit exam in July 2020	
Recommended STRATOG/other courses	Antenatal counselling Surgical & Post op care			

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ST3				
Practical Skills courses	USS competency		Minimum of 2 formative OSATs in both categories or 1 summative in each.	Consider additional simulator sessions
Elearning and STRATOG (mandatory)	Pelvic Organ Prolapse Ectopic pregnancy Abnormal uterine bleeding Improving work placed based behaviour NOTTS Sexually transmitted infections	All modules should be completed		
YMTP courses	Intermediate Obstetric Teaching	Most trainees should have attended	Can complete in ST4: STRATOG modules: Obstetric analgesia & anaesthesia; preterm labour; multiple pregnancy (antenatal care)	
	Early Pregnancy & Acute gynae		Can complete in ST4	
	Menopause teaching		Can complete in ST4; Management of Climacteric problems (STRATOG)	
	Statistics & Research		GCP certificate; Assessing evidence (STRATOG)	Upload evidence
Simulation	Laparoscopic simulator (min 5)		Accept 3 sessions	
RCOG Requirements	OSATS MROP USS: early pregnancy and third trimester Robust/operative delivery		Accept 2 MROP See above for USS competencies Robust undertaken as ST2	
Recommended (optional) STRATOG and other courses	Assessing evidence Fertility Control & Contraception Management of Climacteric Resilience Training course			

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Year of training	Current Requirements	Unchanged requirements	Revised recommendations if not able to complete	Trainee actions
ST3 (new starter)				
Practical Skills courses	Basic USS &USS competency		Minimum of 2 formative OSATs in both categories or 1 summative in each PLUS elearning	Consider additional simulator sessions
	Basic Practical Skills		Accept courses undertaken in last 3 years	Upload evidence
	Robust		Accept 3 competent OSATS for non-rotational delivery	
	Perineal repair		Accept 3 competent OSATS for OASI PLUS elearning	
Elearning and STRATOG (mandatory)	Fetal Monitoring (eLfh) Improving work placed based behaviour NOTTS Sexually transmitted infections	All modules should be completed		
YMTP courses	Care of the Critically ill mother		STRATOG case study for CPD (obstetrics) : Early recognition of a deteriorating woman	Upload certificate and reflect on case study
	Intermediate Obstetric Teaching		Can complete in ST4: STRATOG modules: Obstetric analgesia & anaesthesia; preterm labour; multiple pregnancy (antenatal care)	
	Early Pregnancy & Acute gynae		Can complete in ST4	
	Menopause teaching		Can complete in ST4; Management of Climacteric problems (STRATOG)	
	Statistics & Research		GCP certificate; Assessing evidence (STRATOG)	Upload evidence
Simulation	Laparoscopic simulator (min 5)		Accept 3 sessions	
RCOG Requirements	OSATS MROP USS: early pregnancy and third trimester		Accept 2 MROP See above for USS competencies	
Recommended (optional) STRATOG and other courses	Assessing evidence Early Pregnancy loss (4 modules)			

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Year of training	Current Requirements	Unchanged requirements	Revised recommendations if not able to complete	Trainee actions
ST4				
Elearning and STRATOG (mandatory)	FGM Fetal Growth Restriction Assessment of lower urinary tract symptoms Management of lower urinary tract dysfunction Epidemiology, ethical & legal issues in subfertility Pre-invasive disease of the lower genital tract	All expected		
YMTP courses	Maternal Medicine		Can complete in ST5	
	Fetal Medicine		Can complete in ST5	
	Medicolegal & ethics		HEE generic courses: Legal Issues – keeping out of trouble; Medical Ethics	
	Infertility teaching		Can complete in ST5	
	Urogynaecology		Can complete in ST5	
RCOG Requirements	OSATS for: Hysteroscopy Diagnostic laparoscopy Repair of OASI Surgical management of RPOC post partum Vulval biopsy	Expect all OSATs for hysteroscopy, diagnostic lap and OASI	Only 1 summative for vulval biopsy and 1 surgical management of RPOC	
Recommended (optional) STRATOG and other courses	HEE Human factors/Resilience course			

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Year of training	Current Requirements	Unchanged requirements	Revised recommendations if not able to complete	Trainee actions
ST5				
Practical Skills courses	Advanced Laparoscopy		Can complete in ST6 Consider simulation sessions to enhance eportfolio	
Elearning and STRATOG (mandatory)	Cervical cancer Malignant disease of the uterus Uterine cavity surgery Minimal Access Surgery Perinatal mental health Ultrasound scanning of fetal anomaly	All expected		
YMTP courses	Gynae Oncology		Can complete in ST6. Suggest complete STRATOG modules on gynae onc	
	Forensic Gynaecology	No longer required	STRATOG modules Rape & forensic gynaecology	
	Maternal medicine	1 of the 2 expected	Was an opportunity to complete in ST4 but if unable to complete can be considered for place in ST6 – priority to trainees undertaking 2 obstetric ATSMs	
	Fetal medicine			
HEE Courses	Management and Leadership Development (3 days)		Can complete leadership and management courses in ST6 & 7	
Simulation				
RCOG Requirements	MRCOG part 3		Can progress but under outcome 10 if unable to sit part 3 exam in May	
OSATS	Simple operative laparoscopy Endometrial ablation	Expect 3 for simple operative laparoscopy.	Endometrial ablation accept 2 or more formative and remainder to achieve in ST6	
	Intermediate CS Rotational delivery	Expected all		
Recommended STRATOG and other courses	Gynae-oncology modules Rape & forensic gynaecology			

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